

Name \_\_\_\_\_

### Nutrition Facts

Serving Size 1/4 package (25g)  
Servings Per Container 4

| Amount Per Serving     | As 1/2 cup Prepared With<br>Partially 2% Reduced Fat Milk | % Daily Value* |
|------------------------|-----------------------------------------------------------|----------------|
| Calories               | 90                                                        | 150            |
| Calories from Fat      | 0                                                         | 20             |
| % Daily Value**        |                                                           |                |
| Total Fat 0g           | 0%                                                        | 4%             |
| Saturated Fat 0g       | 0%                                                        | 0%             |
| Cholesterol 0mg        | 0%                                                        | 2%             |
| Sodium 350mg           | 15%                                                       | 17%            |
| Total Carbohydrate 23g | 8%                                                        | 10%            |
| Dietary Fiber 0g       | 0%                                                        | 0%             |
| Sugars 10g             |                                                           |                |
| Protein 0g             |                                                           |                |
| Vitamin A              | 0%                                                        | 4%             |
| Vitamin C              | 0%                                                        | 1%             |
| Calcium                | 0%                                                        | 15%            |
| Iron                   | 0%                                                        | 0%             |

\*Amount in dry mix  
\*\*Percent Daily Values are based on a 

INGREDIENTS: SUGAR, MODIFIED FOOD STARCH, CONTAINS LESS THAN 2% OF NATURAL AND ARTIFICIAL FLAVOR, SALT, DISODIUM PHOSPHATE AND TETRASODIUM PYROPHOSPHATE. 1/4 CUP THE SERVING SIZE. AND ONLY YOU DECIDE PREPARE IT. FORTIFYING, ARTIFICIAL COLOR, YELLOW 6, BHA (PRESERVATIVE).

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### 5 MINUTE PUDDING DIRECTIONS:

1. **BEAT** pudding mix into 2 cups cold milk in bowl with wire whisk 2 minutes.

2. **POUR** at once into individual serving dishes. Pudding will be soft-set and ready to eat within 5 minutes. Makes 4 (1/2-cup) servings.

vanilla artificial flavor

# JELLO®

## INSTANT

PUDDING & PIE FILLING BRAND

5 minutes to homemade pudding

NET WT 3.4 OZ (96g)

FOUR 1/2-CUP SERVINGS

What is this? \_\_\_\_\_

What brand name? \_\_\_\_\_

What flavor? \_\_\_\_\_

How many servings? \_\_\_\_\_

How long to make? \_\_\_\_\_

How much milk? \_\_\_\_\_

Hot or cold milk? \_\_\_\_\_

Whisk for how long? \_\_\_\_\_